

# My First School

MONTHLY NEWSLETTER  
NOVEMBER 2023

## Happening this month at My First School...

*The days are getting shorter and the air is getting cooler. Please remember to send your child to school dressed for the weather. As long as the temperature are above 25° we will go outside for recess.*

### MFS Monthly Theme: We Are Thankful

Our 2's & 3's class is learning to sort by color, the colors brown and green, and the numbers 5 and 6. They will talk about the autumn season, God's Harvest, Thanksgiving, and healthy foods. The shape of the month is the triangle.

The 3's & 4's classes will be focusing on the letters Hh, Ii, Jj, Kk, and numbers 0-5. They will be practicing tracing lines and names, counting objects in a group, and sorting by shape. They will talk about healthy foods, families and Thanksgiving traditions.

The Pre-K classes will be identifying and printing letters Ff, Ee, and Xx. They will work on patterning, graphing, and sounds that are the same and different. Pre-K will research turkeys and will discuss the difference between wants and needs.



## MFS Thanksgiving Feast

On Monday November 20 and Tuesday November 21 we will celebrate Thanksgiving with a school wide feast. This event is catered by Bob Evans. Forms and money for this event are due Monday November 6. If you have not turned in a form and money, please do so as soon as possible so we can get an accurate head count for the event.

## Mark Your Calendar

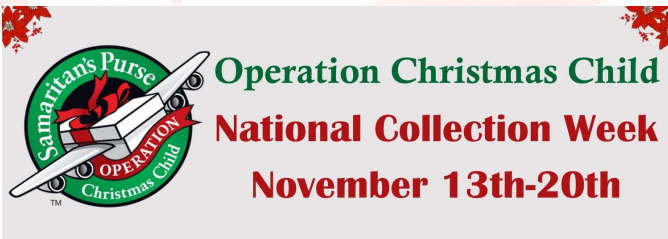
- **October 30 & October 31**  
**No School**  
**Parent/Teacher Conferences**
- **November 1-11**  
**Collection of donated items for**  
**Operation Christmas Child**
- **Nov 13-20**  
**Shoobox Collection Week for**  
**Operation Christmas Child**
- **Nov 20 & 21**  
**School Wide Thanksgiving Feast**
- **Nov 22-Nov 24**  
**No School**  
**Thanksgiving Break**
- **Dec 3 @ 2PM & 4PM**  
**My First School Christmas**  
**Concerts**
- **Dec 19 & 20**  
**Classroom Christmas Parties.**  
**School day ends at noon. No**  
**afternoon classes or lunch.**
- **Dec 21 - Jan 2— No School**  
**Christmas Break**



# Operation Christmas Child

Cornerstone Church of Aurora and My First School are very excited to host this amazing project

Operation Christmas Child is a great opportunity to teach your child about giving to others. Grab a shoebox and fill it with boy or girl items. You can choose small toys, clothing necessities, hygiene items, and school supplies. If you would like a shoebox to fill please let us know and we can send one home with your child. You may also donate individual items any time between now and November 10 that will be packed into a box by the Cornerstone Youth Group. Drop off of filled shoeboxes is November 13-20 at the school. Donate \$10 for shipping and follow your box to it's final destination.



## Singing with Preschoolers

Each month we learn a bible verse at MFS by singing the verse to a familiar tune. This month's verse is Psalm 136:1 "Give thanks to the Lord, for He is good" and it is sung to the tune of *Mary had a Little Lamb*. Children can remember new ideas very easily when it is taught through a song. Try singing your phone number and address to your child. You'll be surprised how soon they will be able to retain it!



## MFS Christmas Concert

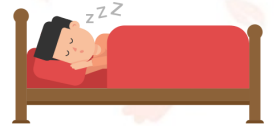
Join us Sunday December 3<sup>rd</sup> as we celebrate the birth of Christ! We have been working hard practicing for the My First School Christmas Concert. More information will be coming home as we get closer to concert day.

# Sleep and Preschoolers

Many parents wonder "How much sleep does my preschooler need?" Sleep is essential to our physical and mental health. The National Sleep Foundation's recommends 10-13 hours for preschoolers for nightly sleep. It's best for children to have a bedtime routine which includes:

- winding down for 30 minutes, ex: by reading or listening to relaxing music
- lowering the lights
- disconnecting from all devices such as: television, tablets, cell phones or laptops

Information from: [sleepfoundation.org](http://sleepfoundation.org)



## November Bible Stories

Baby Moses  
Exodus 2:1-10

The Prodigal Son  
Luke 15:11-32

Jonah and the Big Fish  
Jonah 1 & 2

## Psalm 136:1

*"Give thanks to the Lord for He is good."*

## Friendly Reminders

Thank you for working with us on having your preschoolers ready to go for carline. Please encourage your child to use the restroom before you leave for school. Carline takes a little time to complete.

The school parking lot is one way during school hours. When you enter the parking lot please go to the right and circle around the building. Please drive slowly. The speed limit is **5 MPH** to keep our children and drivers safe.

Be sure to check that your are receiving emails from My First School as well as messages via the Pro-care App. Important information and updates are sent through both of these platforms. Don't forget to check your spam folder for the emails.